

Chapter 2

Health Mouth, Healthy You

Chapter Review Sheet



LIVING WELL
with DR. MICHELLE

— Chapter 2 —
What Teeth Are Made Of

- **Take-Aways**
- **Things To Do**

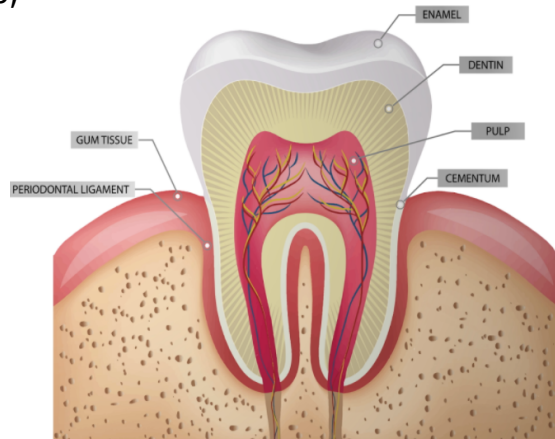
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Take-Aways

- Teeth are alive and respond to healthy nutrition.
- The hard-candy coating (enamel) can be strengthened or damaged
- The soft chocolate center of the tooth (dentin) is filled with miles of tubes that transport nutrition around the tooth.
- The inside of the tooth is called the pulp, and the blood vessels and nerves reside there.
- Nutrients go up through the pulp, travel through the tubes in the dentin, and reach the enamel.
- The periodontal ligament connects the tooth and the gum tissue.
- Our gum tissue is one cell thick. Anything you put in your mouth will get in your bloodstream through this gum tissue!



Things To Do

- Make sure you understand these concepts for later in the course.