


Holistic/Biological Dentist Checklist

Things to Consider		
1	Is the dental office mercury-free or mercury-safe?	
2	Do they have protocols for removing mercury fillings?	
3	Do they do digital X-Rays?	
4	What is their position on Fluoride?	
5	Do they address how nutrition is related to dental health?	
6	What is their position on Root Canals?	
7	Do they place Biomimetic restorations?	
8	Do they have recommendations for non-toxic dental products?	
9	Do they use a laser to diagnose cavities?	
10	Do they teach you how to remineralize or regrow teeth?	
